



Holy Spirit Preparatory School  
Upper School Menu



February

**Monday                      Tuesday                      Wednesday                      Thursday                      Friday**

			1 Roast Beef Oven Roasted Potatoes Chef's Veggie	2 Ribblet Sandwich French Fries	3 No School
6 No School	7 Tacos Mexican Rice Refried Beans	8 Jerk Chicken Scalloped Potatoes Chef's Veggie	9 Hot Dogs French Fries Chili	10 Spinach Pasta Chef's Veggie	
13 Chicken Wings B.B.Q, Hot , Plain Au Gratin Potatoes Chef's Veggie	14 <i>Meat Loaf</i> <i>Mashed Potatoes</i> <i>Chef's Veggie</i>	15 Breakfast for Lunch Eggs Bacon, Sausage Grits, French Toast	16 Sloppy Joe's French Fries Baked Beans	17 Pizza Cheese & Veggie	
20 Chicken Tenders Mashed Potatoes Chef's Veggie	21 Mardi Red Beans & Rice Seafood Gumbo	22 Pasta Bar Garlic Bread Chef's Veggie	23 Chicken Sandwich French Fries	24 <i>Seafood Buffett</i> <i>Shrimp, Claims</i> <i>Fish &amp; Chips</i>	
27 Herb Encrusted Pork Loin Oven Roasted Potatoes Chef's Veggie	28 Teriyaki Chicken Fried Rice Chef's Veggie 29	29 Chicken Pot Pie Rice Chef's Veggie	30 Boards Head Deli Meats, Soup, 16 item Salad Bar, Yogurt, Whole & Fresh Cut Fruit, Lemonade, Milk, & Water Everyday		