



Little Cougar Basketball League



For Girls and Boys In
Holy Spirit Prep School Kindergarten, Pre-first, 1st & 2nd Grades
And/Or
Holy Spirit Church Parishioners in Grades K-2

Start date: Evaluation Session - Sunday, November 16th, 2008
Practices/Games begin – Sunday, Nov.23rd, 2008
Kindergarten/Pre1st at 1p.m.
1st grade at 2 p.m.
2nd grade at 3 p.m.

Location: Holy Spirit Preparatory School Lower School Gym (4820 Long Island Dr.)

Registration Dates: through Oct. 24th

Cost Per Child: \$90.00 (uniforms are included in the cost)

About the league: *Emphasis* of the league will be to introduce the basic rules, good sportsmanship and skills of basketball for children in Kindergarten through Second grade.

The first 20 minutes of each session will concentrate on skills and rules. Then the players will play a game with four 5 minutes running quarters.

The league will be committed to make sure all players receive equal playing time during games and coaches will be emphasizing skills, rules and sportsmanship and not winning at all cost.

Coaches will stay on the floor during games and will provide instruction and officiating. Goals will be set at eight foot for Kindergarten and 1st grade and we will use a size 27.5 ball for games and practice. Goals will be at 8 ½ feet for 2nd grade.

Introduction and Evaluations: On Sunday Nov. 16th we will conduct evaluations of players to determine team assignments. The total number of participants will determine team size and number of teams. Maximum team size will be 9 players. Teams will start on the hour with Kindergarten/Pre1st playing at 1 p.m., 1st grade at 2 p.m., 2nd grade at 3 p.m. Team assignments will be determined and distributed after the evaluation day.

Season dates:

Nov. 16th Introduction and evaluations (1 p.m., 2 p.m. or 3 p.m.)
Nov.23rd Skills and games (1 p.m., 2 p.m., or 3 p.m.)
Dec.14th Skills and games
Jan. 4th Skills and games
Jan.11th Skills and games
Jan. 18th Skills and games
Jan.25th Skills and games
Feb.1st Skills and games
Feb.8th Skills and games and Team parties



**Holy Spirit Preparatory School / Holy Spirit Parish
Little Cougar Basketball League
Kindergarten – Second Grade**

Registration Deadline - October 24th, 2008

Player Name _____ Nickname _____

Address _____

City _____ Zip _____

Age _____ Grade Fall 2008 _____ School if not HSPS _____

Parents Name _____ Email _____

Home Phone _____ Work Phone _____

Player Jersey size YS _____ YM _____ YL _____ AS _____

I would like to volunteer to coach a team YES or NO
Novice coaches are welcome – training is provided

Payment in full (\$90 enclosed) _____

Please make checks payable to: Holy Spirit Preparatory School

PLEASE READ CAREFULLY AND SIGN THE FOLLOWING STATEMENT:

I hereby authorize the Holy Spirit Preparatory School to act for me in the event of a serious emergency (requiring medical attention), and I hereby waive and release The Holy Spirit Preparatory School and its directors from any and all liability for injuries and illness incurred while participating in the Little Cougar Basketball League. In addition, I certify that my child is in good health and is able to participate in all program activities. Furthermore, in the event of any emergency requiring medical attention, I shall pay for the services rendered.

_____/_____
Signature of Parent/Guardian (ink only) / *Date*

Return application and fee to:
Mike Sickafoose, Athletic Director
Holy Spirit Preparatory School
4449 Northside Drive, NW
Atlanta, GA 30327